

# Revolution in Motivation

*For those who are tired of losing*

**Author:** David Biglot

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# Perfection is an excuse to fail

Perfection is the pursuit of many, an unattainable matter which one can only chase but never really grasp.

**Perfection is an excuse to fail.** Look around you and you will see this concept reveal in front of your eyes almost daily and among all people.

On one hand, we have this good state of mind which pushes us to become better and better every day. On the other hand however, this thing allows us to come up with excuses for our failures when things do not go as we please.

Once a motivated swimmer might at some point get lazy and simply state the devastating words “I can not be a champion because my legs are too short”. A basketball player might say “I am not tall enough”, a music fanatic might on his turn say “I am not pretty enough”.

These words might seem harmless. Yet, they are the foundation of a behavior which will not only keep you from achieving your dreams but also destroying every piece of optimism in your soul. The only bright side of this behavior is that it serves the lazy people and gives them a reason to ratify their failure by using perfection [in this case the lack of it] as an excuse.

I am going to tell you how to avoid this pitfall of misusing perfection as an excuse. Instead of comparing yourself and others around you to some

standard for perfection, let go of this concept and understand that everything in life has its own perfect state; Say we take a woman who is said to be beautiful by many and set her as a standard for “The perfect woman”. This does not mean that to be perfect, every woman should look like her. It simply means that at that point in time, some people decided upon “The perfect woman”. Therefore “the perfect woman” is based more on opinion than on facts and it is bound by time, meaning that it will change as time passes.

Of course, there are characteristics of a human being which makes him a great runner, swimmer, singer or even beautiful. But all of these are bound by time and judgements. None of these will last forever, nor will they ever reach a perfect state.

But, what all these people will reach is their own state of perfection; a moment in time where every individual can set his best performance and never be able to match that. If you are looking for “Perfection” and are eager to quit the nonsense in your life and pursue your dreams, then stop comparing yourself to others and their characteristics and start making yourself the best you can be.

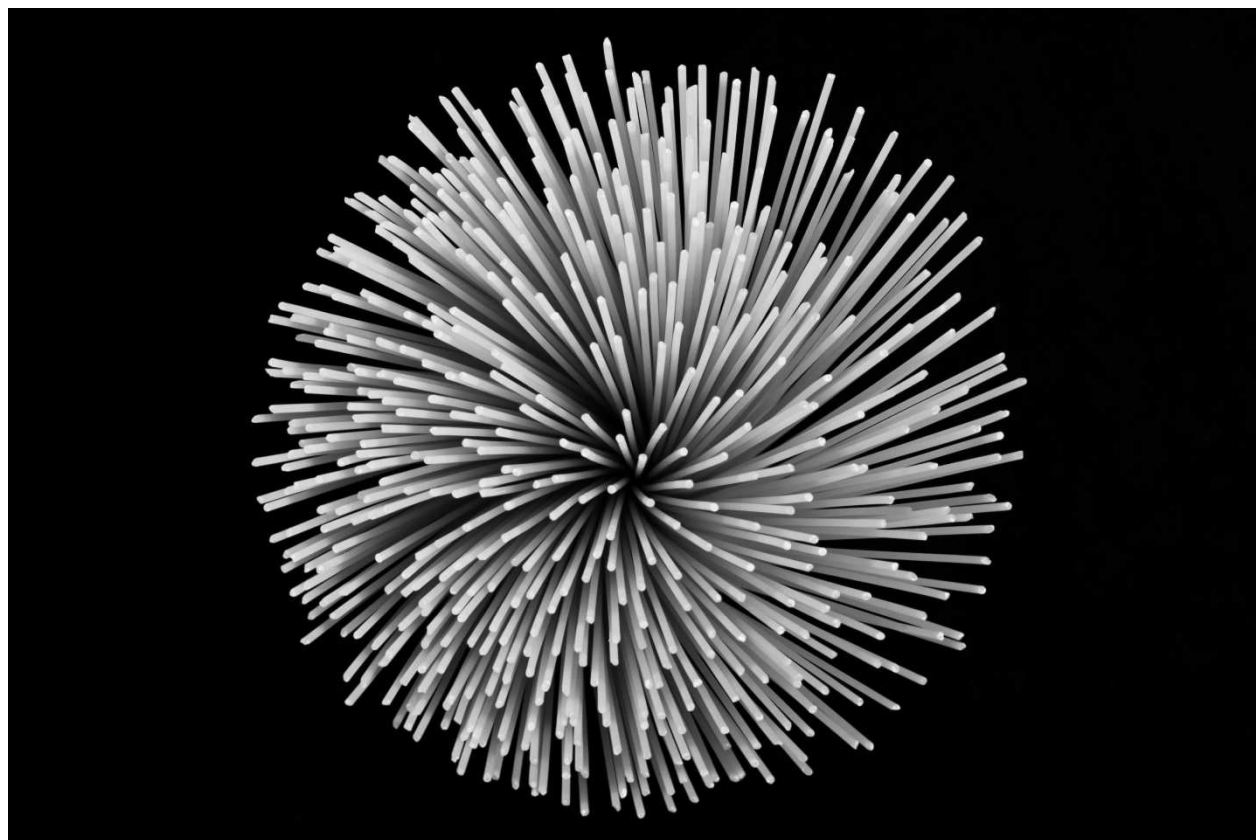
Life around you is full of real examples of both animals and humans who defied all known “laws” and “standards” and changed the way we saw them. So instead of complaining about your short legs, learn a different way and outwit the best. At the end of the day, not all men with long legs swim faster and not all pretty people become famous.

Perfection is an excuse, do not buy it and do not abuse it. If you must pursue “perfection”, then pursue to be the best you can be and realize your own greatest dreams.

Always remember, those who became great never compared themselves to others to decide whether their dreams were possible. They simply decided to be the greatest, to conquer the best lands, to get the beautiful woman, to have a happy family, to roar on highest peaks, to hear their national song on stage. And they did it without making excuses.

*Perfection is an Excuse to fail.*

*Act, don't excuse yourself!*







# Best time to start

Everything we do in life has its own “best time”; that moment [time-line] when you are at your best and when things are in your favor. Meaning, whatever that is you have chosen to do at this “best time”, will get you maximal results. Though you can find some examples of people who have crushed this “best time” theory, let me remind you of George Foreman who beat all expectations and became a boxing world champion at age 45. Or Katsusuke Yanagisawa, who reached the summit of Everest at age 71 for example.

## **Best time to start acting starts with you and it starts now.**

These and few other examples aside however, the human body performs best at certain moments in its life; in your younger years for example you will have easier time to compete in various sports, have children and pick up new things than when you become older.

For this very simple but important reason it is vital for you to do things in their own “best time”. If you have a dream now of becoming a dancer, boxer, teacher, rock climber, swimmer, lover, fighter or whatever it is you aim to do, then do it now, do not wait for things to come across your path. Instead, go out there and find your own luck; do the very best you can during your search. And if you still are unable to find it, there is always luck and hope you can wait and hope for.





Should you have missed your twenties and thus your “best time” to start boxing, still join a club and do your best if that is your dream. Sure, chances of you becoming a champion at age fifty are near to zero. But if that is your dream, chase it.

I read a great story last week. It went like this: *“If you received the sum of €86,400 every day on your bank account. And this account was then reset at the end of each day to €0 – regardless of how much was left. And then refilled the next day again to €86,400, what would do you then?”*

You would spend all of it right? Of course you would! Now comes the best part; those €86,400 represent the number of seconds in every day of your life. Everyone knows this fact; and still many of you simply choose [intentionally or not] to let all those precious seconds go away in vain. The sad truth is; when your time has come, no sum of money in this world will be able to buy you any more seconds. Think about this, and think about what luxury it is for you to wake another day.

And after you are done with thinking, from this moment onwards [I know, change will not come instantly] try to live your life like you always wanted. If you believe that you are destined to be a great sportsman, singer, professor of whatever, then go out there and give everything you have got to achieve that dream.

The past is gone forever but the future is still in front of you – no matter how long or short that might be. If you have no idea on how to start, ask

