ENCHANTED BY VIETNAM COOKING AND TRAVELLING WITH QUYÊN

FOREWORD 5

ENCHANTED BY VIETNAM ?

A PORTRAIT OF TRUONG THI QUYÊN 10

VIETNAMESE CUISINE IN A NUTSHELL **24**

DIFFERENCES BETWEEN NORTH, SOUTH AND CENTRAL VIETNAM 26

A JOURNEY OF FLAVOURS THROUGH VIETNAM 27

SAPA 28

HANOI 38

HA LONG BAY 58

NINH BINH 68

HUE 80

HOI AN 100

QUY NHON 114

HO CHI MINH CITY 136

CAN THO 152

PHU QUOC 164

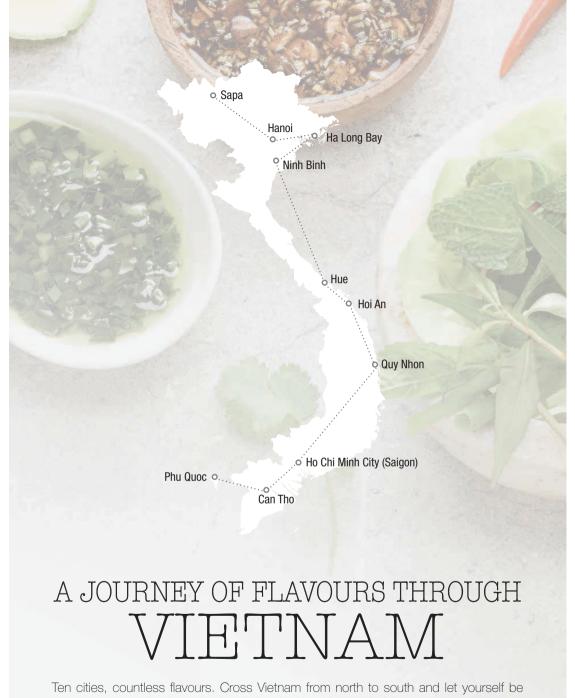
BASIC RECIPES 178

THE FLAVOURS OF VIETNAM 180

INDEX 188

ACKNOWLEDGEMENTS 190

COLOPHON 191



culinarily and culturally inspired by this wonderful country.





HANOI . BANH CUON . 47

