

INDEX

Salads _____	8	DUTCH COUNTRY BEAN SOUP _____	21
FRUIT SALAD DRESSING _____	8	SPLIT PEA SOUP _____	22
BEET and APPLE SALAD _____	8	VEGETABLE SOUP _____	23
A GOOD PENNSYLVANIA DUTCH SALAD DRESSING _____	9	MEAT FILLING for NOODLES _____	26
POTATO SALAD DRESSING _____	9	EGG BALLS FOR SOUP _____	27
PEPPER CABBAGE _____	10	SPINACH FILLING for NOODLES _____	26
BEAN SALAD _____	11	SALSIFY or VEGETABLE OYSTER SOUP _____	27
PENNSYLVANIA COLE SLAW _____	11	BEEF SOUP with DUMPLINGS _____	23
DANDELION SALAD _____	12	POTATO SOUP (Gruumbier Suupe) _____	27
DEVEILED EGGS _____	13	CHICKEN CORN SOUP _____	29
CUCUMBER SALAD _____	13	CORN SOUP with RIVELS _____	28
HOT DUTCH POTATO SALAD _____	14	CHICKEN NOODLE SOUP _____	30
HOT SLAW _____	15	PENNSYLVANIA DUTCH _____	31
PENNSYLVANIA DUTCH _____	17	Main Dishes _____	31
Soups _____	17	CREAMED CABBAGE and DRIED BEEF	32
PHILADELPHIA PEPPER POT _____	18	DUTCH NOODLE CHEESE RING _____	32
DUMPLINGS (Spaetzle) _____	19	POTATO FILLING _____	33
EGG NOODLES _____	19	DUTCH CABBAGE ROLLS _____	34
CORN CHOWDER _____	20	DUCK UN KRAUT _____	34

PORK POT PIE with DUMPLINGS_____	35
SAUERBRATEN _____	35
HORSERADISH SAUCE _____	36
HAM and NOODLES IN CASSEROLE __	36
SCHNITZEL MEAT _____	37
CHICKEN POT PIE _____	37
CHICKEN FRICASSEE _____	38
HAMBURGER DINNER _____	38
BEEF POT PIE _____	39
PENNSYLVANIA DUTCH BEEF WITH ONIONS _____	40
WIENER SCHNITZEL (Veal Cutlet)_____	40
CHICKEN BAKED in CREAM _____	41
DUTCH MEAT LOAF _____	41
LIVER NOODLES (Leberknoedel) _____	42
PORK AND KRAUT (Speck Un Kraut) __	42
STUFFED PEPPERS _____	43
MEAT PIE _____	43
STUFFED ACORN SQUASH _____	44
BAKED SPARERIBS and SAUERKRAUT with Dumplings _____	44

SOUSE _____	45
MOCK DUCK _____	45
HOG MAW _____	46
HAM and GREEN BEANS _____	46
SCHNITZ UN KNEPP _____	47
SAUSAGE PATTIES _____	47
DUTCH MEAT ROLLS _____	48
SCRAPPLE _____	49
PENNSYLVANIA DUTCH CHICKEN AND OYSTER PIE _____	50
PENNSYLVANIA DUTCH _____	51
Vegetable Dishes _____	51
LANCASTER COUNTY BAKED CORN ____	52
SCALLOPED SWEET POTATOES and APPLES _____	52
SWEET POTATO CROQUETTES _____	53
SEVEN-MINUTE CABBAGE _____	53
SCHNITZEL BEANS _____	54
FRIED TOMATOES _____	55
PARSNIP PATTIES _____	56
SCALLOPED POTATOES _____	57

FRIED EGG PLANT _____	57
SWEET and SOUR BEETS _____	58
SCALLOPED TOMATOES _____	58
DUTCH POTATO CROQUETTES _____	59
RED CABBAGE (Rote Kraut) _____	59
SCALLOPED SPINACH _____	60
FRESH PEAS and NEW POTATOES ____	60
CORN PUDDING _____	61
SWEET and SOUR CELERY _____	61
HOME BAKED BEANS _____	62
CORN FRITTERS _____	62
CABBAGE, SWEET and SOUR _____	63
HASHED BROWN POTATOES _____	63
BAKED LIMA BEANS _____	64
PENNSYLVANIA DUTCH _____	65
Pancakes and Fritters _____	65
APPLE RING FRITTERS _____	66
OLD-FASHIONED FLANNEL CAKES ____	66
SOUR CHERRY FRITTERS _____	67
CORN FRITTERS _____	67
CORN MEAL GRIDDLE CAKES _____	68

GERMAN EGG PANCAKES _____	68
FRIED CORN MEAL MUSH _____	69
POTATO PANCAKES _____	69
PEACH FRITTERS _____	70
PENNSYLVANIA DUTCH _____	71
Doughnuts _____	71
POTATO DOUGHNUTS _____	72
BLUEBERRY MUFFINS _____	73
BACON MUFFINS _____	73
JOHNNY CAKE _____	74
BRAN MUFFINS _____	75
FASTNACHTS—Raised Doughnuts ____	76
CRULLERS _____	77
SALLY LUNN _____	78
TANGLE BRITCHES _____	79
SHOO-FLY PIE _____	80
GRANDMA’S CRUMB OR SUGAR PIE ____	81
FUNNEL CAKES (Drechter Kuche) ____	81
QUICK COFFEE CAKE _____	82
PENNSYLVANIA DUTCH _____	83
Sweets and Rolls _____	83

LITTLE COFFEE CAKES _____	84
DUTCH STICKY BUNS _____	86
BUTTER SEMMELS _____	85
CRUMB CAKE _____	86
SWEET ROLL DOUGH _____	87
COFFEE CAKE (Kaffee Kuchen) _____	88
PENNSYLVANIA DUTCH _____	89
Cakes _____	89
SPONGE CAKE _____	90
NUT CAKE _____	90
WALNUT GINGERBREAD _____	91
SPICE LAYER CAKE _____	92
GRANDMOTHER'S MOLASSES CAKE _____	93
APPLE SAUCE CAKE _____	94
PENNSYLVANIA DUTCH _____	95
Cookies _____	95
FRUIT and NUT COOKIES _____	96
CINNAMON WAFFLES _____	97
MORAVIAN CHRISTMAS COOKIES _____	97
DUTCH ALMOND COOKIES _____	98
WALNUT KISSES _____	98

ANISE COOKIES _____	99
SAND TARTS _____	99
WALNUT ROCKS _____	100
LEBKUCHEN _____	101
HICKORY NUT KISSES _____	101
CHRISTMAS BUTTER COOKIES _____	102
ALMOND MACAROONS _____	102
SUGAR CAKES _____	103
“BELSNICKEL” CHRISTMAS CAKES _____	103
GINGER COOKIES—GINGERBREAD MEN _____	104
PFEFFERNUSSE _____	105
MORAVIAN DARK COOKIES _____	106
PENNSYLVANIA DUTCH _____	107
Pies _____	107
PUMPKIN PIE _____	108
PENNSYLVANIA DUTCH SOUR CHERRY PIE _____	108
LEMON CUSTARD PIE _____	109
RIVEL (CRUMB) PIE _____	109
SOUR CREAM RAISIN PIE _____	110

PASTRY HINT _____	110
CREAM RASPBERRY PIE _____	111
RHUBARB PIE _____	111
COTTAGE CHEESE PIE _____	112
MONTGOMERY PIE _____	113
APPLE CRUMB PIE _____	114
BLACK WALNUT PIE _____	114
FUNERAL PIE _____	115
CURRENT and RED RASPBERRY PIE	115
APPLE BUTTER PIE _____	116
SCHNITZ PIE (Dried apples) _____	116
PENNSYLVANIA DUTCH _____	117
Desserts _____	117
STEAMED FRUIT PUDDING _____	118
APPLE or PEACH STRUDEL _____	119
RHUBARB PUDDING _____	120
COTTAGE PUDDING _____	121
CHERRY PUDDING _____	122
APPLE PANDOWDY _____	123
APPLE DUMPLINGS _____	124
PUMPKIN CUSTARD _____	126

PEACH DUMPLINGS _____	124
PENNSYLVANIA DUTCH _____	127
Sweets and Sours _____	127
MIXED FRUIT PRESERVES _____	128
RASPBERRY RHUBARB JAM _____	128
CARROT MARMALADE _____	129
APPLE and PEACH CONSERVE _____	129
SPICED GOOSEBERRIES _____	130
CRANBERRY CONSERVE _____	130
APPLE BUTTER _____	131
RED BEET EGGS _____	131
BREAD and BUTTER PICKLES _____	132
SPICED CANTALOUPE _____	133
GINGER PEARS _____	133
PICKLED BEETS _____	134
PICKLED GREEN BEANS _____	134
CORN RELISH _____	135
PEPPER RELISH _____	136
CHOW CHOW _____	137