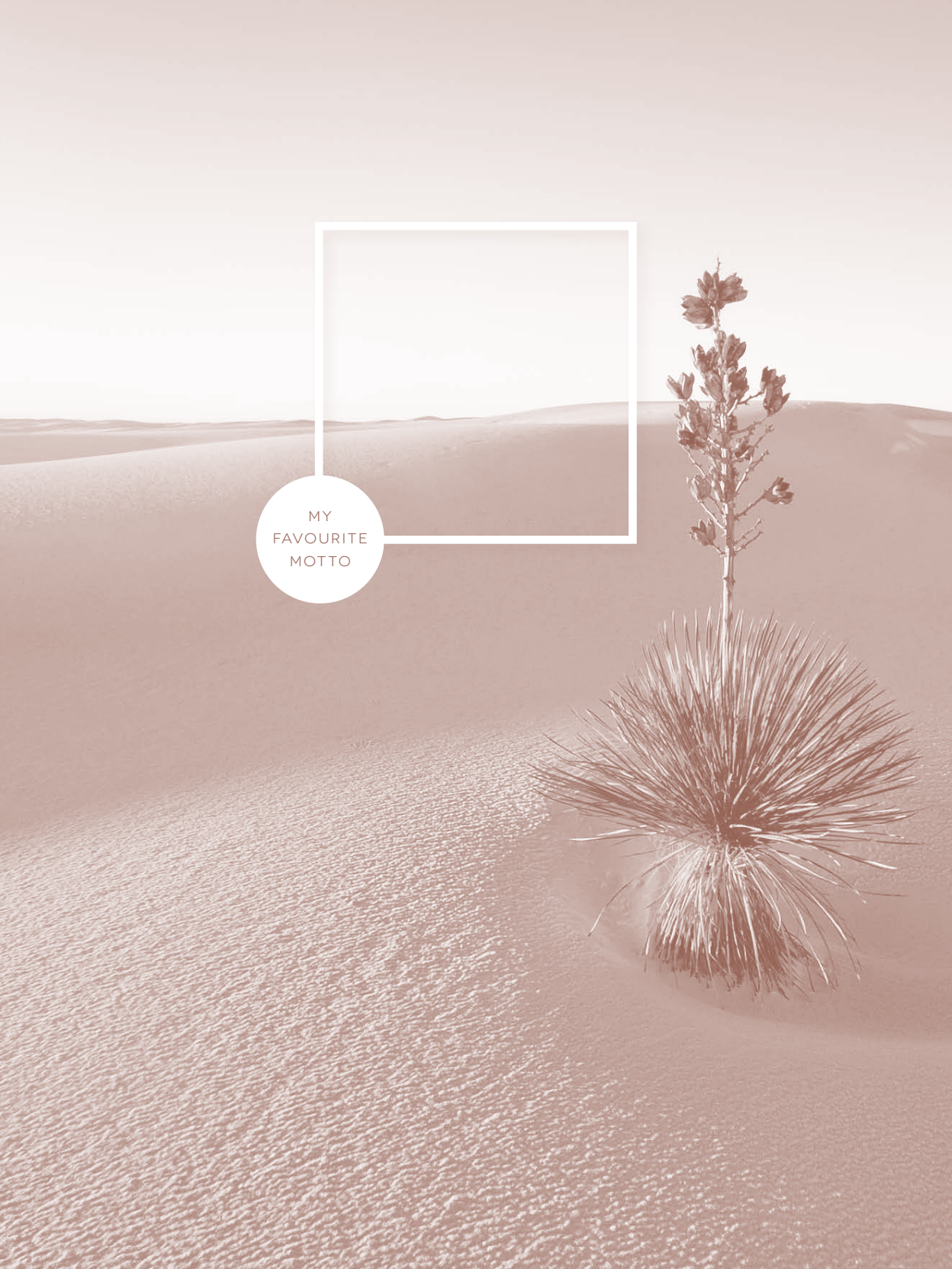




MY
FAVOURITE
MOTTO

TWNTY
NINETN

IT'S
NOT ABOUT
HAVING TIME
—
IT'S ABOUT
MAKING IT

PERSONAL

NAME

ADDRESS

PHONE

E-MAIL



INSPIRATION • NATURE • JOY • GROWTH • STYLE

SOLITUDE

A flower does not think of competing with the flower next to her – she just blooms.

What if the noise that keeps you from the important things would fade away?
What if the clutter around you would become invisible?
What if you'd stop caring about everyone's opinion?

That is our wish for you in 2019. Follow your dream with all your heart. Live for what's important, listen to your heart's desires and bloom from within.

Margreet Kattouw
Essencio

We reach home in many ways
music, art, desert,
forest, sunrise, solitude...
Whatever revivifies balance
is what is essential.
That is home.

Clarissa Pinkola Estés



JANUARY

WK	M	T	W	T	F	S	S
1		1	2	3	4	5	6
2	7	8	9	10	11	12	13
3	14	15	16	17	18	19	20
4	21	22	23	24	25	26	27
5	28	29	30	31			

FEBRUARY

WK	M	T	W	T	F	S	S
5					1	2	3
6	4	5	6	7	8	9	10
7	11	12	13	14	15	16	17
8	18	19	20	21	22	23	24
9	25	26	27	28			

MARCH

WK	M	T	W	T	F	S	S
9					1	2	3
10	4	5	6	7	8	9	10
11	11	12	13	14	15	16	17
12	18	19	20	21	22	23	24
13	25	26	27	28	29	30	31

APRIL

WK	M	T	W	T	F	S	S
14	1	2	3	4	5	6	7
15	8	9	10	11	12	13	14
16	15	16	17	18	19	20	21
17	22	23	24	25	26	27	28
18	29	30					

MAY

WK	M	T	W	T	F	S	S
18			1	2	3	4	5
19	6	7	8	9	10	11	12
20	13	14	15	16	17	18	19
21	20	21	22	23	24	25	26
22	27	28	29	30	31		

JUNE

WK	M	T	W	T	F	S	S
22						1	2
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24	10	11	12	13	14	15	16
25	17	18	19	20	21	22	23
26	24	25	26	27	28	29	30

JULY

WK	M	T	W	T	F	S	S
27	1	2	3	4	5	6	7
28	8	9	10	11	12	13	14
29	15	16	17	18	19	20	21
30	22	23	24	25	26	27	28
31	29	30	31				

AUGUST

WK	M	T	W	T	F	S	S
31				1	2	3	4
32	5	6	7	8	9	10	11
33	12	13	14	15	16	17	18
34	19	20	21	22	23	24	25
35	26	27	28	29	30	31	

SEPTEMBER

WK	M	T	W	T	F	S	S
35							1
36	2	3	4	5	6	7	8
37	9	10	11	12	13	14	15
38	16	17	18	19	20	21	22
39	23	24	25	26	27	28	29
40	30						

OCTOBER

WK	M	T	W	T	F	S	S
40		1	2	3	4	5	6
41	7	8	9	10	11	12	13
42	14	15	16	17	18	19	20
43	21	22	23	24	25	26	27
44	28	29	30	31			

NOVEMBER

WK	M	T	W	T	F	S	S
44					1	2	3
45	4	5	6	7	8	9	10
46	11	12	13	14	15	16	17
47	18	19	20	21	22	23	24
48	25	26	27	28	29	30	

DECEMBER

WK	M	T	W	T	F	S	S
48							1
49	2	3	4	5	6	7	8
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51	16	17	18	19	20	21	22
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JANUARY

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FEBRUARY

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MARCH

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APRIL

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MAY

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JUNE

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JULY

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31	27	28	29	30	31		

AUGUST

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35	24	25	26	27	28	29	30
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SEPTEMBER

WK	M	T	W	T	F	S	S
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38	14	15	16	17	18	19	20
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OCTOBER

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NOVEMBER

WK	M	T	W	T	F	S	S
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46	9	10	11	12	13	14	15
47	16	17	18	19	20	21	22
48	23	24	25	26	27	28	29
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DECEMBER

WK	M	T	W	T	F	S	S
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51	14	15	16	17	18	19	20
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53	28	29	30	31			

HOLIDAYS

HOLIDAYS 2019

New Year's Eve 31 DECEMBER 2018

New Year's Day 1 JANUARY 2019

Valentine's Day 14 FEBRUARY

Good Friday 19 APRIL

Easter	21/22 APRIL
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Mother's Day 12 MAY

Ascension Day 30 MAY

Pentecost 9/10 JUNE

Father's Day 16 JUNE

Thanksgiving 28 NOVEMBER

Christmas 25/26 DECEMBER

New Year's Eve 31 DECEMBER

New Year's Day 1 JANUARY 2020

SPECIAL DAYS TO REMEMBER

HOLIDAYS

Category	Weekend (Light Gray)	Morning (Brown)	Afternoon (Brown)	All Day (Brown)
weekend	100%	0%	0%	0%
morning	0%	50%	0%	0%
afternoon	0%	0%	50%	0%
all day	0%	0%	0%	100%

MONTHLY VIEW

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FEBRUARY

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MARCH

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MONTHLY VIEW

MONTHLY VIEW

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MONTHLY VIEW

MONTHLY VIEW

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OCTOBER

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NOVEMBER

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MONTHLY VIEW

MY GOALS FOR 2019

WEBSITES TO REMEMBER



LET THE
SILENCE
IN YOU
BE YOUR
EVERYDAY
GUEST.

Ola Radka

My focus this week

MONDAY 31

TUESDAY 1

WEDNESDAY 2

THURSDAY 3

FRIDAY 4

WK 01

Find a place inside
where there's joy
and the joy will burn
out the pain.
– Joseph Campbell

Project notes

NEW YEAR'S EVE

NEW YEAR'S DAY

SATURDAY 5

SUNDAY 6

Note to self

I am grateful for

Personal notes

JANUARY				JANUARY			
My focus this week	MONDAY21	TUESDAY22	WEDNESDAY23	THURSDAY24	FRIDAY25	WK 04	
	To do	To do	To do	To do	To do	Time is the wisest counselor of all. – Pericles	
Project notes	8	8	8	8	8	SATURDAY26	
	9	9	9	9	9		
	10	10	10	10	10		
	11	11	11	11	11		
	12	12	12	12	12		
	13	13	13	13	13		
	14	14	14	14	14		
	15	15	15	15	15		
	16	16	16	16	16		
	17	17	17	17	17		
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	19	19	19	19	19		
	20	20	20	20	20		
	21	21	21	21	21		
	22	22	22	22	22		
					</		



HAPPINESS
IS A
PLACE
BETWEEN
TOO
LITTLE
AND TOO
MUCH.

Finnish Proverb

NOTES

NOTES



SILENCE
IS WHERE
WE TRULY
FALL IN
LOVE.

Bridgett Devoue

NOTES

NOTES



KNOWLEDGE
COMES
FROM
LEARNING
- WISDOM
COMES
FROM
LIVING.

Anthony Douglas Williams

ADDRESSES

ADDRESSES

ADDRESSES

ADDRESSES

BOOKS TO READ

BOOKS TO REMEMBER

TIME
IS A
CREATED
THING.
TO SAY
'I DON'T
HAVE TIME',
IS LIKE
SAYING
'I DON'T
WANT TO'.